

Self-Test for Children's Mental Health Training

(2 hours of CMH training required the initial license year; 1 hour annually thereafter)

Please complete and return to your licensor for training credit and certificate

1. Name three of the mental health diagnoses discussed.

_____, _____ and _____

2. Autism is a _____ based disorder of development.

3. One in five teens has _____.

4. Threats of suicide have three of the five "dos". Name them: _____, _____,

5. Name two diagnoses depression can present with: _____ and _____.

6. Many of the symptoms of _____ can be mistaken for depression.

7. Most foster children have extreme or layered _____.

8. A child develops _____ that look like "symptoms" when they come to your home.

9. Name three of the six components to a Post-Traumatic Stress Disorder (PTSD) action plan.

_____, _____, _____

10. Attention Deficit/Hyperactivity Disorder (ADHD) clinical characteristics become more problematic during _____ years.

11. Attachment patterns are formed in the first _____ years of life.

12. Children diagnosed with Reactive Attachment Disorder (RAD) treat the caring adult as if (name two):

_____ and _____.

13. Fetal Alcohol Spectrum Disorder (FASD) is a life long _____.

14. _____ continues to be the most common reaction from parents who are raising children with mental illness.

15. We often compromise a child's _____ as we discuss their challenges and our frustrations.

16. Name three of your six resources when caring for children with mental health concerns:

_____, _____ and _____

Provider signature

Training Date

Licensor signature