

FOOD ASSISTANCE

Central Lutheran Church: Provides a free weekly meal open to the public.

- 259 West Wabasha Street
Winona MN 55987
- (507) 452-5156

Central United Methodist Church: Provides a free weekly meal open to the public.

- 114 West Broadway Street
Winona MN 55987
- (507) 452-6783

Winona Food Shelf: Offers eligible residents with a way to receive free food once per month.

- 402 East 2nd Street Winona MN 55987
- (507) 452-5591

HOUSING

SEMCAC: See Health Care section for description and contact information.

Winona Volunteer Services: See Clothing section for description and contact information.

Winona Warming Center: Provides temporary emergency shelter for the adult homeless population. Open November to March.

- 69 East 3rd Street Winona MN 55987
- (507) 458-9197

For student specific services please call:

- Winona State University
 - (507) 457-5610
- St. Mary's University of Minnesota
 - (507) 457-1403
- Minnesota State College Southeast
 - (507) 453-2700

Additional Resources

Winona County Victim Services:

- (507) 457-6586

Project FINE:

- (507) 452-4100

Winona County Community Services:

- (507) 457-6500

Winona County Attorney's Office:

- (507) 457-6310

Winona County Court Administration:

- (507) 457-6385

Women's Shelter Lacrosse:

- (888) 231-0066

Women's Shelter Rochester:

- (800) 438-6439

Hope Coalition Red Wing:

- (800) 369-5214

Inclusion of services in this brochure does not imply endorsement nor is this an exhaustive list of local services. You are encouraged to find out as much as possible about an organization before making a decision to use their services.

This information was compiled by SAIC. If any of the information is incorrect, please contact the SAIC Coordinator at (507) 457-6310. Thank you.

WINONA COUNTY COMMUNITY RESOURCE GUIDE

Prepared by: the Winona County Sexual
Assault Interagency Council (SAIC)



ADVOCACY

Advocacy Center of Winona: provides assistance to survivors who are seeking protection orders and other legal assistance, social services, health care or housing.

- 100 Latch Square, Suite 201
Winona MN 55987
- (507) 452-4440 or 24 hour crisis: (507) 452-4453

Matty's Place: A center designed to minimize trauma for child victims by providing assistance to families.

- 601 Franklin Street Winona MN 55987
- (507) 453-9563

Safe Harbor Regional Navigator: Main point of contact for connecting sexually exploited persons with services and ongoing advocacy.

- Rochester, MN
- (507) 328-7270 or 24 crisis line: (507) 289-0636

HEALTH CARE

Winona Health: Provides health care services to all populations.

- 855 Mankato Ave Winona MN 55987
- (507) 454-3650 or (800) 944-3960

SEMCAC: Provides a variety of services to the community include emergency assistance, health care, housing, transportation and senior services.

- 76 West 3rd St Winona MN 55987
- (507) 452-4307

CHILD AND FAMILY SERVICES

Family and Children's Center: A non-profit agency that provides a continuum of services designed to strengthen families and individual well-being.

- 601 Franklin St Winona MN 55987
- (507) 453-9563

FINANCIAL ASSISTANCE

Minnesota Board of Reparations: A State program that provides financial help to crime victims and their families.

- St. Paul, MN
- (651) 201-7300 or 1-888-622-8799

MENTAL HEALTH

Hiawatha Valley Mental Health Center: Works to deliver effective behavioral health support and services for youth and adults.

- 420 East Sarnia St Winona MN 55987
- (507) 454-4341

Winona Health: See Health Care section for description and contact information.

TRANSPORTATION

Winona Transit Service: Provides fare-based bus transportation around the city of Winona.

- (507) 454-6666

Rolling Hills Transit: Provides fare-based transportation to the public in Winona Co.

- 1-800-528-7622

LEGAL SERVICES

Law Help Minnesota: Find free legal assistance, legal resources and information about legal rights.

- www.lawhelpmn.org
- (651) 228-9105

Minnesota Legal Help Online: Volunteer lawyers may answer your legal questions for free online.

- www.mnlegaladvice.org

Southern Minnesota Regional Legal Services: Free legal assistance for qualifying clients in many Southern Minnesota counties.

- www.smrls.org
- (507) 454-6660

Standpoint Minnesota: Free legal resource for domestic and sexual violence victims.

- www.standpointmn.org
- (800) 312-2666 or (612) 343-9842

CLOTHING

Winona Volunteer Services: A non-profit Service provider and advocate who helps secure and distribute food, clothing, information and emergency assistance to those in need.

- 402 East 2nd St Winona MN 55987
- (507) 452-5591

Salvation Army Store: Sells items at a reduced cost and at times can supply vouchers to those experiencing financial strain.

- 1143 Service Drive Winona MN 55987
- (507) 474-2400